HEIMDALL

PLUG N' PLAY BIOCENTRIC LUMINARE



Lighting for health and well-being looks beyond the visual impact of light. It is designed to guide our circadian rhythm to ensure good health and well-being.

Access to daylight is crucial to sustain a balanced circadian rhythm. Our Biocentric lighting recreates daylight indoors by mimicking the most important aspects of daylight to help you sustain a healthy circadian rhythm. It is about getting the right light at the right time.

BENEFITS OF BIOCENTRIC LIGHTING ENVIRONMENTS:

- Better sleep and improved mood
- Improved cognitive performance for students
- Reduced risk of major depressive disorders
- Improved performance and recovery for athletes
- Reduced number of fall accidents in long term care





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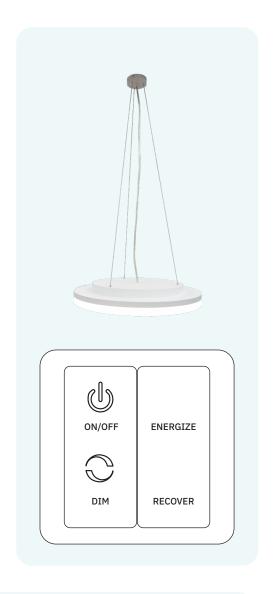
Improve sleep quality and well-being through this fully integrated plug n' play luminaire, creating a Biocentric lighting environment in any type of ceiling or setting.

Heimdall is designed for easy installation into any type of environment. Install it above a table to provide Biocentric lighting for the people sitting around the table. Simply mount the luminaire, connect it with a ceiling light cord and mount the wireless switch. The light switch uses an energy-harvesting technology where the energy needed to control the light is generated with the push of a button. No cables, no batteries and it can be placed anywhere.

What's in the box:

- 1x Heimdall Pendant Luminaire
- 1x Wireless Light and Recipe Switch
- Biocentric Light Recipes

Heimdall is compatible with the same light recipes used in our other BrainLit products and comes equipped with the Wireless Light and Recipe Switch. The Lighting Control Box (LCB) is placed inside the luminaire or above the ceiling canopy, ensuring that the right light is delivered at the right time.



	1x HEIMDALL
Table diam / length	1,5m
Seats	up to 8
BCL impact facing table	> 700lux mEDI / 0,53 CS
BCL impact nighttime	<1 lux mEDI / 0,01 CS



ISO8995-1 and the building standard WELL recommends at least 250 lux m-EDI for at least 4 hours every day to support the circadian rhythm.

