

A photograph of two men sitting at a white table in a bright, modern office environment. A large, white, circular pendant light hangs directly above them, illuminating the scene. The man on the left is wearing a black sweater and is smiling while holding a blue pen. The man on the right is wearing a blue sweater and glasses, also smiling. On the table are two glasses of water, a carafe of water, and a plate of croissants. In the background, there are white curtains and a green plant.

ENERGIZING PEOPLE

LIGHTING FOR HEALTH AND WELL-BEING

Lighting for health and well-being looks beyond the visual impact of light. It is designed to guide our circadian rhythm to ensure good health and great performance. Access to daylight is crucial to sustain a balanced circadian rhythm.

Office workers spend most of their time indoors, in static and insufficient light environments, preventing them from receiving the amount of daylight necessary to meet their biological needs. Our Biocentric lighting recreates daylight indoors by mimicking the most important aspects of daylight to help you sustain a healthy circadian rhythm. It is about getting the right light at the right time.

Benefits of Biocentric lighting environments:

- Improved alertness and productivity
- Better cognitive function
- Improved mood
- Better sleep
- Avoid the "post lunch dip"

SAGA TABLE LIGHTING SET

FOR MEETING ROOMS

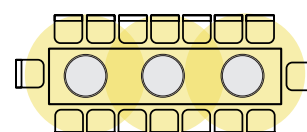
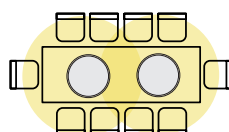
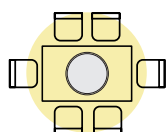
Increase alertness and productivity during meetings and workshops through this ready-made set, creating a biocentric lighting environment for the people around a meeting room table.

The Biocentric lighting luminaires are easy to install over tables providing Biocentric lighting for the people sitting around the table. Simply mount the luminaires in the drop-down ceiling, plug in the power and mount the wireless switch. The light switch uses an energy-harvesting technology where the energy needed to control the light is generated with the push of a button. No cables, no batteries and it can be placed anywhere. The light recipe that comes with the set is developed and tailored specifically for an office environment, to maintain a healthy circadian rhythm and to meet the standard of visual light.

The set consist of:

- One or several Saga pendant luminaires
- A Biocentric lighting control box
- A wireless light switch
- A dynamic light recipe designed for office use

	Conf room 1x SAGA	Conf room 2x SAGA	Conf room 3x SAGA
Table size	up to 2m	up to 3,2m	up to 5,2m
Seats	up to 6	up to 10	up to 16
BCL impact facing table	> 300lux mEDI*/ 0,40 CS	> 450lux mEDI*/ 0,45 CS	> 450lux mEDI*/ 0,45 CS



*The building standard WELL recommends at least 250 lux m-EDI for at least 4 hours every day to support the circadian rhythm.